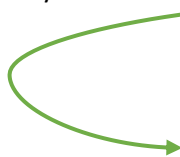


Youth Information Sheet

Kia Ora,



Ko Lana tōku ingoa. I am a researcher and PhD student from the School of Sport and Recreation at Auckland University of Technology. I would like to invite you to take part in a **research project**.



A research project is what you do when you want to find out something new.



What is going to happen?

Tāmaki Makaurau Auckland is a city where lots of new houses and parks are being built. We are interested in how this development affects where young people (ages 10 -15 years) go, and how you feel during the school holidays. We're asking you to take part because you live in Tāmaki Makaurau and your experiences matter.



If you and your parents agree to take part, we will ask you to answer questions about yourself and how you feel. Then we'll ask you to download a new tool developed by kids, for kids, to capture how you feel as you go about your day for one week of the school holidays.

What do I get from it?

We hope that you will have a fun learning experience. You will also get to see your wellbeing report if you take part in the study.

Do I have to do it?

No, not at all. It's completely up to you but, if you say yes, your parent/guardian must also say yes.

Nobody will mind if you don't want to join in.

If you change your mind, that's OK as well. You can stop taking part at any time. It won't change anything about how our team or Conscious Kids staff will treat you.

What happens next?

Have a think about if you would like to take part in the study.



Check out the study resources linked [here](#).

Your parent/guardian have been told about the study so you can ask them if you have any questions.

You can also call me directly: **(09) 921 9999 ext 27147**



If you would like to take part, tell your parents to sign up.

Enrolments open November 10th!

Will the study upset or hurt me?

We have done everything we can to make this experience fun and interesting. If there is something you don't want to do, that's OK. We can skip that part.

Approved by the Auckland University of Technology Ethics Committee on 01/08/2023, AUTEK reference 22/382